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1 Definition MDC/SDC Regulations

The cup name refers to a collection of individual races, which are organized and financed individually and are legally independent from each other.

It is the aim to support and foster the 4Cross Bike Sport together.

All races will be held and conducted in accordance with both, the competition regulations of the MTB (mountain bike) of the German Bike alliance (in German: Bund Deutscher Radfahrer e.V., BDR) and the amendments hereafter.

Responsible for the individual races are the respective clubs or associations, referred to as 'Organizers'.

2 Dates of the Races

Dates of the 2010 South Germany 4Cross Cup

1. Race **Aichwald / BSC Aichwald**
April 24th – 25th, 2010 (race mode 4X)
Contact: info@bsc-aichwald.de, www.bsc-aichwald.de

2. Race **Koppl / UNION MTB Club Koppl**
May 29th – 30th 2010 (race mode 4X)
Contact: bachler.s@gmx.at

3. Race **Grötzingen / RSG Karlsruhe**
July 10th – 11th 2010 (race mode 4X)
Contact: bmx@rsg-karlsruhe.eu, www.rsg-karlsruhe.eu

4. Race **Weinstadt-Großheppach / Freebikers-Weinstadt**
July 24th – 25th 2010 (race mode 4X)
Contact: walhall-bicycles@arcor.de, www.freebikers-weinstadt.de

5. Race **Bühlertal / RSV Falkenfels**
July 31st – August 1st 2010 (race mode 4X)
Contact: williwerner@aol.com, www.rsv-falkenfels.de

6. Race **Winnenden / Radclub 93 Winnenden**
August 21st – 22nd 2010 (race mode Dual)
Contact: praesident@radclub93.de, www.radclub93.de

7. Race **Sulzbach-Laufen / RSV Sulzbach-Laufen**
September 25th – 26th 2010 (race mode 4X)
Contact: chr.frey@gmx.de, www.rsv-sulzbach-laufen.de

8. Race **Wolfach / Bike-Park Wolfach**
October 1st – 2nd 2010 (race mode 4X)
Contact: junge.moser@t-online.de, www.bike-park-wolfach.de

3 Registration

On-line registration for the whole series is preferred and free of charge at the official cup web page. On-line registration is possible until 10 pm of the last Sunday prior to following race. Following this, on-site registration at the race is possible (during practice or prior to the race). Registration will close half an hour before the practice session finishes. 5 (five) EUR will be charged for late registrations.

With only one registration (either on-line or on-site), the rider is registered for the whole series. With registration the applicant automatically accepts without limitation all regulations set forth herein.

4 Qualification for the Race

A qualification for the race will be given only if the following is accepted, guaranteed and agreed on by the applicant:

On the registration:

- The regulations set forth herein are accepted.
- The applicant is aware of the risk taken. The applicant will be fully responsible for himself and cannot raise any liability claims against anybody.
- The rider has a proper health condition, is not ill and is fully aware of the demanding requirements of this series.
- The rider is properly and duly insured (health insurance and third party insurance).
- The rider has truly provided name and address.
- All charges and fees were paid.
- Riders with license (BDR or UCI) shall present their license pass at the registration.
- **Riders under the age of 18** (eighteen) have to hand in to the registration desk the completely filled in letter of agreement (in german: 'Einverständniserklärung'), which, moreover, has to be duly signed by a parent. Without this letter of agreement, participation will be refused.

During bike inspection and on the race track:

- The bike and the safety equipment shall be in optimal condition and, moreover, comply to the requirements (cf. section 8).
- The rider has to take care, that the number plate is visibly mounted to the handle bar.

5 Starting Fees

- | | |
|--|-----------|
| • Elite and Ladies with license | 20,00 EUR |
| • Ladies without license, Fun, and Masters | 15,00 EUR |
| • U16 | 10,00 EUR |
| • U13, U10 | 8,00 EUR |

The starting fees for the races are in accordance with the MTB regulations of the BDR and also contain organizational charges. The award prizes for the championship need to be financed as well. To this end, every race organizer has to pay 2 EUR per registered rider to the 4Crosscup organization.

The starting fees (and charges and fee for the number plate and/or late registration) shall be paid at the registration. More information can be found at the official cup web page.

6 Race Categories

6.1 Categories

Elite All riders with license and born between 1981 and 1993 Number plate: 1-99 white on red
Ladies All riders (both license and without license) Number plate: 1-99 white on pink
Fun All hobby riders born between 1981 and 1993 Number plate: 101-199 white on black
Masters All riders (both license and without license) born 1980 or earlier Number plate: 201-299 white on grey
U16 All riders (both license and without license) born 1994, 1995 or 1996 Number plate: 301-399 white on blue
U13 All riders (both license and without license) born 1997, 1998 or 1999 Number plate: 301-399 white on green
U10 All riders (both license and without license) born 2000 or younger Number plate: 301-399 white on orange

Races will commence in the following sequence:
U10 – U13 – U16 – Masters – Fun – Ladies – Elite

6.2 Mode for Change of Categories

A change into a higher category is possible. Once in the higher category, the rider will remain there for the remainder of the season. A change can only occur from a lower to a higher category (e.g., from U16 to Elite).

Note: The points gathered in the lower category will be lost and not transferred to the higher class.

7 Number Plates

7.1 General Notes

One first participation, every rider will be provided a starting number and a number plate (a charge of 5,00 EUR applies). The starting number received will take into account the last year's position in the championship. The TOP20 riders of each category of the preceding year may obtain a starting number corresponding to their result (e.g., rider finished 4 in category U16 will get starting number 304 in the following year). All other riders will be assigned starting numbers starting 21 and upwards. Numbers are handed out on a first come (register), first serve basis. During the registration, this regulation needs to be taken care of. Riders starting in a higher category than last year, will be assigned to a number 21 and up as set forth above. The number plate and starting number may be taken to each race.

7.2 Requirement

- The rider shall take care, the number plate is visibly and securely mounted to the handle bar throughout the race and competition.
- If lost, the rider shall obtain a new number plate and starting number (additional charge of 5,00 EUR applies).

8 Bicycle and Safety Equipment

8.1 General Notes

- The bicycle shall be in a fully operational, proper and safe condition. The rider himself is fully responsible for his bike.
- Each rider has to take care, that his equipment (bike and safety equipment) may not constitute a danger neither for himself nor for anybody else.
- Inspection of the rider's bike and safety equipment will take place throughout the series and during practice and race.
- Any ride whose equipment is unsafe shall not be permitted to ride on the track. The rider may be given the chance to retouch his equipment to regain compliance.
- The organizer of a race may not be held responsible if a rider will not be permitted to ride.
- The organizer is also not liable in the case a rider is riding on the track although not properly equipped. The inspection cannot by any means be fully comprehensive.

Note: Inspection may be organized in such a way to observe the time table of the race.

8.2 Bicycle

The mountain bike used shall be compliant to the following:

- In race categories U10 and U13, a 20" to 26" bicycle may be used. In case of a 20" BMX bike, a rear brake is sufficient. In case of mountain bikes, both front and rear brakes are mandatory.
-

- In race categories U16, Masters, Fun, Ladies, and Elite 24" or 26" bikes may be used. The mountain bike shall feature a spring (suspension) fork as well as front and rear brakes.
- The bike shall in no case feature dangerous parts or components (sharp-edged or parts jeopardizing someone's health, like open or unsecured handle bar ends).

8.3 Safety Equipment

All riders shall wear safety equipment during riding on the track at all times:

- Full face helmet
- Chest and back protectors
- Elbow protectors
- Gloves whose fingers completely cover the rider's finger tips.
- Knee protectors (minimum requirement)

All protection equipment available in regular trade are allowed.

Exception (only for category U10):

- Regular bike helmet or open face helmets are allowed.

The safety equipment shall comply to the current safety regulations. In case the rider does not follow to the above, he will be given a one-time warning only. If he fails to comply a second time, he will be disqualified for the whole race (race weekend). This rule applies to all categories without exceptions. The starting fee cannot be reimbursed.

8.4 Liability and Rules

In no case does the organizers be made responsible or taken liable for any event. This applies also in case a rider was riding on the track with a bike and/or safety equipment that was not recognized as being non-compliant to the rules.

The safety equipment shall be worn **throughout** the race (race weekend) and during riding on the track. This applies to **all categories** without exceptions. The organizer of the race has been made aware to strictly follow said rules in order to ensure a smooth proceeding of the event.

9 Organization of the Races

9.1 General Notes

The race track for the qualification and finals is identical. The race track may be inspected by the riders. Every rider with a starting number may ride on the track during practice. On the race day, every rider has to practice and to complete at least one ride (compulsory practice). Before and during track preparation as well as following the finals, practice is not allowed. Riders not following this rule may be not permitted to compete in the event.

Every practice run has to start at the start and to finish at the finish line. Practice of sections is therefore not allowed.

If the rider did not practice at all, he is excluded from the race. The time table for a race is to be made public in advance and during the race event.

Saturday (exception race Wolfach: Friday):

- Start and duration of the practice is to be defined by the organizer of said race.
- Practice on Saturdays has to last at least 1 (one) hour.
- The time table has to be made public at least 2 (two) weeks in advance. It can be accessed at the official cup web page.

Sunday (exception race Wolfach: Saturday):

- The compulsory practice will commence at 8 am and lasts 2 (two) hours at minimum.
- During practice, a starting gate practice will take place. It will last at least 20 (twenty) min.
- During gate practice, the inspection may take place.
- The riders briefing will commence 15 min. following closing of practice. All riders shall closely follow the briefing.
- At 10 am or later, the qualification heats will commence.
- The lunch break may last at least 1 (one) hour. The exact lunch time will depend on the duration of the qualification heats.
- Following the break, the finals will commence.
- Following the last final, the award ceremony will take place

Note: Delays may occur throughout the event. However, the organizer shall notify riders and spectators about delays accordingly.

9.2 Dual Race: Particulars

- Every rider has to do a compulsory practice.
- Every rider has 1 (one) qualification time trial.
- Starting grid is according to starting number.
- In case of equal qualification times, the rider with the lower starting number will advance.
- In case of the finals, a dual (eliminator) mode will be applied. Two riders will race against each other, the winner will advance to the next final.
- The rider with the better qualification has the right to select the starting position.
- In case of a manual starting gate, the starting cadence will be:
"drei, zwei, eins, Start!"

- Free tickets will not be raced.
- An electronic timing system with light beams is mandatory.
- At the staging the riders will be announced. A rider will be scored DNF if he fails to be at the staging following two announcements.
- All riders have to follow the instructions given by the organizers.
- Petite finals and finals will be started back to back.

The result of the qualification will determine the finals as follows:

6 (six) riders or more	→	last 8 (eight) final / quarter final
13 (thirteen) riders or more	→	last 16 (sixteen) final / eighth final
28 (twenty eight) riders or more	→	last 32 (thirty two) final / sixteenth final
55 (fifth five) riders or more	→	last 64 (sixty four) final

9.3 4Cross Race: Particulars

- Every rider has to do a compulsory practice.
- The qualification mode comprises 3 (three) heats with 4 (four) riders each.
- If the total number of riders cannot be divided up into groups of 4 (four), qualification heats with 3 (three) riders are allowed as well.
- The qualification heats will be started according to the sequence as set forth in section 6.1. It is of no value, how large the individual categories are. The first qualification heat will be conducted for each category first, followed by the second and third.
- The riders will be assigned to the heats at random. In case the 4Cross proprietary software is utilized, the assignment follows a specific selection system taking into account the starting number as well. This way, the TOP rides are not already competing each other in the qualification heats.
- The assignments for the qualification heats is to be displayed in advance.
- At the staging the riders will be announced. The rider will be given a 'did not finish' (DNF) for this heat if he fails to be at the staging following two announcements.
- The riders select the starting grid according to the assignment for this heat (first rider in the list selects first).

Following the last qualification heat, the results will be evaluated and displayed accordingly.

A point system will be applied to the qualification heats as follows:

1 st Place	=	5 points
2 nd Place	=	3 points
3 rd Place	=	2 points
4 th Place	=	1 points
DNF	=	0 points

The rider with the highest number of points wins the qualification. In case of equal point of two riders, the rider with the lower starting number will prevail.

The result of the qualification will determine the finals as follows:

- 6 (six) riders or more → last 8 (eight) final / semi final
- 13 (thirteen) riders or more → last 16 (sixteen) final / quarter final
- 28 (twenty eight) riders or more → last 32 (thirty two) final / eight final
- 55 (fifth five) riders or more → last 64 (sixty four) final / sixteenth final

last 64 final / sixteenth final

1,	16,	8,	9,	4,	13,	5,	12,	2,	15,	7,	10,	3,	14,	6,	11,
32,	17,	25,	24,	29,	20,	28,	21,	31,	18,	26,	23,	30,	19,	27,	22,
33,	48,	40,	41,	36,	45,	37,	44,	34,	47,	39,	42,	35,	46,	38,	43,
64	49	57	56	61	52	60	53	63	50	58	55	62	51	59	54

last 32 final / eight final

1, 16, 17, 32	8, 9, 24, 25	4, 13, 20, 29	5, 12, 21, 28	2, 15, 18, 31	7, 10, 23, 26	3, 14, 19, 30	6, 11, 22, 27
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last 16 final / quarter final

1, 8, 9, 16	4, 5, 12, 13	2, 7, 10, 15	3, 6, 11, 14
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last 8 final / semi final

1, 4, 5, 8	2, 3, 6, 7
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petite final

5, 6, 7, 8

final

1, 2, 3, 4

- The scheme above will determine the finals. It will be displayed accordingly.
- It has to be guaranteed, that the TOP4 riders of the qualification may only race each other in the final.
- The riders select the starting grid according to the assignment for this final heat (first rider in the list selects first).
- Only the first 2 (two) riders will advance (1st and 2nd place).
- In case of a manual starting gate, the starting cadence will be: *"drei, zwei, eins, Start!"*
- Petite finals and finals will be started back to back.

10 Infringements, Penalties, and Protests

10.1 Rules

- In case the rider leaves the track during race, he can re-enter the race only if he resumes the race at the point where he left.
- If a gate on the track is missed, he will be scored DNF if he does not proceed again through the gate.
- Fairness comes first. The rider shall play the game accordingly.
- The track boundaries shall not be passed over.
- Jumps, Doubles, Waves and other natural or man-made barriers may be short-cut only if the track does offer an alternative route. A not allowed short-cut will be penalized.

10.2 Penalties

The penalties set forth herein apply for all races. Penalties can be raised against riders and team members. The penalties listed herein constitute minimum penalties. It is up to the WAV (race commissaire) to punish according to the severeness of the infringement.

- The WAV decides about unfairness during the race and can punish as follows:
 - Official warning
 - Set back to last place of the heat (DNF)
 - Disqualification for the race

Infringements and Penalties:

- Insult in verbal or written form or assault:
 - Official warning (in case of an insult), on the 2nd warning the rider will be disqualified from the race
 - Disqualification from the race (in case of an assault)
 - Notification to the alliance (BDR) in case of an assault
- The rider appears on the starting hill without proper equipment:
 - The rider will not be allowed to start
- Participation on a heat without proper equipment:
 - The rider will be scored DNF for this heat
- In case of deliberate fouls (both hands and feet may stick to the bike at all times), the heat will be re-started without the originator.
- The lines separating the starting zones may not be overrun. If a line is overrun completely (both wheels are beyond the line) and the rider is interfering another rider, the originator may be placed last (DNF) for that heat. To this end, the disadvantaged rider may take a protest immediately following end of this heat and the WAV has to acknowledge the originator overrun the line.

11 Overall Score

The overall score is the result of the individual races. At six or more races, 2 (two) void results apply. The scores of the individual races are awarded as below. In case two riders show the same overall score, their respective score of the final race will be taken as final judgment.

Place	Score
1	70
2	60
3	54
4	49
5	44
6	41
7	38
8	35

Place	Score
9	32
10	30
11	28
12	26
13	24
14	22
15	20
16	18

Place	Score
17	16
18	15
19	14
20	13
21	12
22	11
23	10
24	9

Place	Score
25	8
26	7
27	6
28	5
29	4
30	3
31	2
32	1

12 Award Ceremony and Prizes

Evaluation of the prize money:

The prize money is in agreement with the official BDR prize money schemes (Appendix B) and does depend on the number of participants (one-third rule).

At the race:

- The award ceremony takes place following the last final and the evaluation of the results.
- In category U10 and U13 certificates or medals shall be awarded up to 5th place.
- In all categories, riders from 1st to 5th place shall be awarded.
- In category Elite, prize money will be awarded as well.
- In category Ladies, prize money will be awarded for license holders only. For the evaluation of the prize money amount, only the scores of the license holders are considered. Example:
14 riders in Ladies category (8 (eight) of which with license):
1st place license (100 EUR), 2nd place Hobby (0 EUR), 3rd place license (35 EUR), 4th place Hobby (0 EUR), 5th place license (0 EUR) (see prize money table below)

Cup Award Ceremony:

- In categories U10, U13, Masters, and Fun, in-kind prizes and cups will be awarded from 1st to 5th place.
- In category Ladies, prize money will be awarded additionally (only the scores of the license rides count, see above).
- In category Elite, prize money, in-kind prizes and cups will be awarded from 1st to 5th place.
- The prize money table below applies to both the race and the Cup

Number of riders	Prize money (€)								Total (€)
	8 th Place	7 th Place	6 th Place	5 th Place	4 th Place	3 rd Place	2 nd Place	1 st Place	
Up to 5						15	30	55	100
6-10						20	35	65	120
11-15					15	40	65	100	220
16-20				15	30	55	90	130	320
21-25			10	20	40	75	115	160	420
26-30		10	15	25	55	90	140	185	520
31-35	10	15	20	35	65	110	160	205	620
36-40	10	15	25	45	80	130	180	235	720
41-45	15	20	30	55	90	150	200	260	820
46 +	25	35	50	70	105	175	240	300	1000

13 Protests

- Protests (results of a heat) may be raised up to 5 min. following end of the heat at the organizer.
- Protests (errors in the qualification results) may be raised up to 15 min. prior to starting the finals at the organizer.

- Protests (overall standing) may be raised immediately following the Cup Award Ceremony at the organizer, or, in case of absence, at the address listed in chapter 2.
- The decision of the organizer is binding without exception. Any recourse to courts of law is excluded.

14 Race Abort

A race may be aborted or stopped by force majeure or in case a technical fault cannot be repaired. In such case, the results of the qualification are taken as race result. This applies only if the qualification was completed.

15 Insurance

The organizers are responsible to apply for a suitable insurance for those riders not registered to a club or federal country sport association. The federal sport association is to be contacted in doubt.

16 Exemption of Liability

The participants at the races participate at their own risk. The organizers and all the involved are explicitly exempting liability. Each rider is self-responsible and liable for the damages caused by him (in the framework of the laws).

The rider explicitly waives the right to bring the following groups to court: the organizer, the body and their representatives, the involved, the assistants, the official bodies, the owner of the premises, the sponsors, the spectators, as well as all others, that are involved with the race and the organization.

17 Internet Page

All users of the official web page of the cup have to follow common sense. Details on address, name etc. may not be faked.

18 Provision of Change

The organizer and head of the cup may change the program and/or the organization, may cancel one or more races at their own discretion. Claims for indemnification are excluded without exceptions.

19 Validity of the Contract

The rules of this regulation are accepted with the application to the cup.

Note: the regulation is still valid, even if a rule of this regulation is void or invalid!

DISCLAIMER

This English translation of the German regulation has been made with care.

However, no liability is taken in case of typing or translation errors. In case of doubt, the German regulation prevails.

Andreas Kamlowski, February 2010